



Obstetrics & Gynecology, P.C.

Competent, compassionate health care for women.

Karen L. Niver, M.D.
Jon P. Lensmeyer, M.D.
Amanda Hurtubise, M.D.
Stacey Tremp, DO
Jenny Giles, PA-C

1206 Washington Avenue, Port Huron, MI 48060
(810) 984-3100

OB VISIT SCHEDULE

We are pleased you have selected Northpointe Ob/Gyn for your health care needs. Our goal is for you to receive excellent OB care and a rewarding experience.

Your first visit is spent with our trained staff. We will obtain your medical history information, perform lab work if necessary, as well as, provide you with the opportunity to receive information and answer questions about your pregnancy. At that time, due to COVID protocol, this visit is done via telephone call. You will schedule an initial visit with your physician to discuss your history and perform an exam.

Below we have outlined our routine schedule of maintenance visits so that you will be aware of our policies.

2nd Visit – (approximately 12 weeks) – Meet with the physicians or physician assistant for exam, 1st fetal heart tones and discuss role of genetic testing, wellness, and screening test (to be drawn in the office that day)

16 weeks – Visit with your physician or PA for OB checkup and to review lab work from previous visit

20 weeks – Ultrasound and Office visit. Consider registering for prenatal classes

24 weeks – Discuss signs and symptoms of pre-term labor, as well as any issues you are experiencing

28 weeks – Blood glucose testing, Antibody screen and Rhogam if required

30 weeks – General OB visit

32 weeks – Discuss

34 weeks – Routine OB visit

36 Weeks – Group B Strep Test along with Routine OB Visit

36 through 40 Weeks – Weekly visits to discuss a labor, may need additional testing, such as non-stress test and possible cervical exams.

These services will be provided by your physician or by one of their partners or the PA. Should you have any questions, please feel free to ask.